



You will follow Lake Gruyères.



Day 4:

Gruyère → Thun



Distance:

85 Kilometers



Climbing:

910 Meters

Points of Interest:

- ★ Swiss-German architecture and food
- ★ Rolling hills and meadows of Gantrich Nature Park
- ★ The pristine medieval city of Thun and its lakeside

The grass is wet, the cows are out and so is the sun...hopefully.

We're back on Route #4 and this first flat stretch will take you past the dairy farms that have made Gruyère cheese legendary. You will then turn onto National Route 59 and follow it northward on the east side of Gruyère's Lake. We will avoid most of the national and regional routes today as most of those roads lead to Fribourg and we want to avoid the agglomeration.

You will eventually make it to the town of Tavers and the silhouette of Fribourg will be to the west. We are now back on Route #4 for a short period. If you follow the Route #4 signs you will be fine, but follow the RWGPS and you will avoid some gravel sections.

You will bike through the deep cut ravines of the "Sensegraben" and into the Gantrich nature park. This ravine roughly divides the linguistic regions. Consider stopping at the Sense river for lunch. Once in Schwarzenburg, a medium-size village of around 7000 inhabitants, you will be approximately at the half-way point of today's ride.



Quiet roads through Gantrisch natural reserve

Turn your ear to hear the sing-song calls to the cows in Schwyzerdütsch and see the cabbages growing. You've passed into the Swiss-german side of Switzerland.

We will be doing gentle climbs the rest of the day until we see the city of Thun. It's castle and lake shine in the distance and you will coast down to our 4-star hotel situated directly on the water.



Thun - a great place to spend an evening...or two !

The city of Thun deserves to be explored. There is a long and stunning lakeside promenade, an interesting old town with cobbled streets and a castle from the 12th century towers over the city.