

## ALPINE ROUTE

Appenzell →

Distance: 57 kilometers

Arbon

Climbing: 870 meters

DAY

10

Appenzell, Gais, Heiden, St. Gallen

## Highlights

**Window shopping in St. Gallen**

**Views of Lake Constance from Heiden**

**Celebrate your end of trip with party on Lake Constance**

Today you finish your tour across Switzerland. By the end of the day, some of you will surely think that we've saved the best for last.

We'll make your way northeast for lots of gentle climbing and coasting, climbing and coasting: Appenzell is a natural roller-coaster.

Our last climb of the trip will take us up to the village of Heiden where we'll stop for ice cream and get our first look at the sprawling Lake Constance.

From there we'll turn westward to the medieval city of St. Gallen. You'll have time to park your bikes and stroll the city streets.

Founded by the Irish monk St. Gallus in the 7th century, St. Gallen grew from a small hermitage to a monastery and finally to an abbey. The abbey and cathedral are impressive and should be visited, but St. Gallen's most amazing treasure is the rococo style library inside the abbey which houses one of the richest collections of medieval manuscripts in the world. But St. Gallen can also be enjoyed by ambling aimlessly through the architecture. It is a student city and is especially well-known for its business school which is considered by many to be the best in the German-speaking world.

Once you leave St. Gallen, it's all downhill. Coast into Arbon, turn over your bikes at the train station and then celebrate the trip's end with drinks on the lakefront !