

<b>CHALLENGE ROUTE</b>	<b>To Follow:</b> Route 9
Lucerne	<b>Map:</b>
to Rapperswil	<b>GPS points:</b> 5.000 - 5.068
<b>DAY 07</b>	<b>Distance:</b> 100 KM
	<b>Watch out for:</b> Make sure to have food and water in abundance when leaving Zug and Einsiedeln. There are few places afterwards.

## Points of Interest:

**POI Einsiedeln Abbey** :Look for “rest room” icon on GPS

We'll be need to be careful of the traffic in the center of town as we leave Lucerne, but we'll be on dedicated bike paths within 10 minutes.

It's a short morning: 30 rather flat kilometers to lunch on the lake in Zug.

There are steep climbs out of Zug and another steep climb before reaching Rapperswil. Each climb offers stunning views. You'll also be visiting three other lakes after leaving Lake Zug.

You might take some time to visit the large abbey in Einsiedeln (a major catholic pilgrimage site) and taste the Einsiedeln beer. If you want the extra kilometers, you might consider riding around the Sihlsee (lake at Einsiedeln) before getting on the Route 9 path to Rapperswil.

There is some tough climbing between Einsiedeln and Rapperswil: make sure you pack water and a banana or two. Make sure you stop at the summit to get some incredible pictures of Lake Zurich.

Rapperswil is a lovely small city on the water and it's worth spending some time walking its streets. Your hotel is the “Jakob Hotel” in the city center. There is a bike garage on the side street next to the hotel.