	SWITZERLAND
CHALLENGE ROUTE	To Follow: Route 9
Interlaken Wengen	Map:
to Lucerne	GPS points: 4.000 - 4.042
	Distance: 80 KM
DAY 06	Watch out for: Missing the train from Wengen, The BrunigPass!

We'll take the train back down to Interlaken, bring the bags to the van and then get the bikes from the Hotel Carlton, so be ready to bike once you leave the van.

We're going to go off Route 9 and follow the low-traffic road North of the lake to get to Meiringen. From Meiringen, you've got this trip's most difficult climb: The Brunig Pass.

There are trains that go up the Brunig pass every hour at 42 past in the town of Meringen. If you want to avoid the climb up the Brunig, you can take the train up and over. You will then get out at our lunch stop in Lungern.

If you do climb the Brunig, there is a long coast down to Lungern. Once in Lungern, be attentive to the Route 9 signs. You'll be coming into Lungern downhill at a high speed. There is a very small church to your left with a Route 9 sign. Watch for it. Many people coast through Lungern and then have to turn back.

In order to find the lunch spot, you'll have to head towards the lake and then follow it West to the campgrounds.

We have a lot of biking to do after lunch, but no more climbing. We might stop off at Sarnen for a look around town and a beer, otherwise just enjoy the scenery.

Once in Lucerne you should go to the train station so that you can situate yourself. Our hotel is the "Monopol" right next to the station. There is no bicycle parking at the Hotel Monopol, but there is public bicycle parking very close by that we will be using. Please see the map behind this sheet. Tonight is a "free night", so you can exploreLucerne, but we're happy to make a suggestion : We like the "Rathaus" brewery on the river and the "bath house" on the lake.

