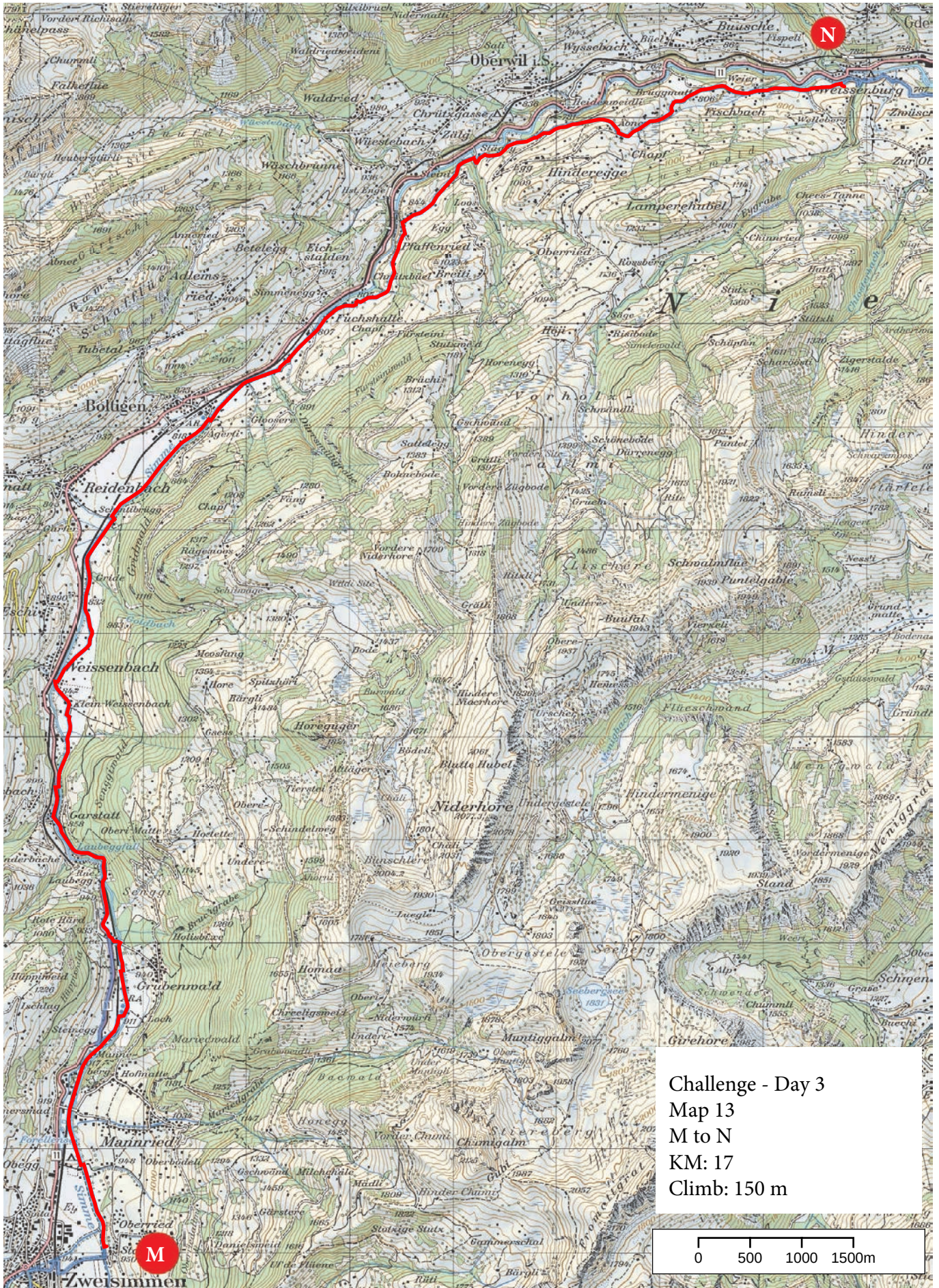


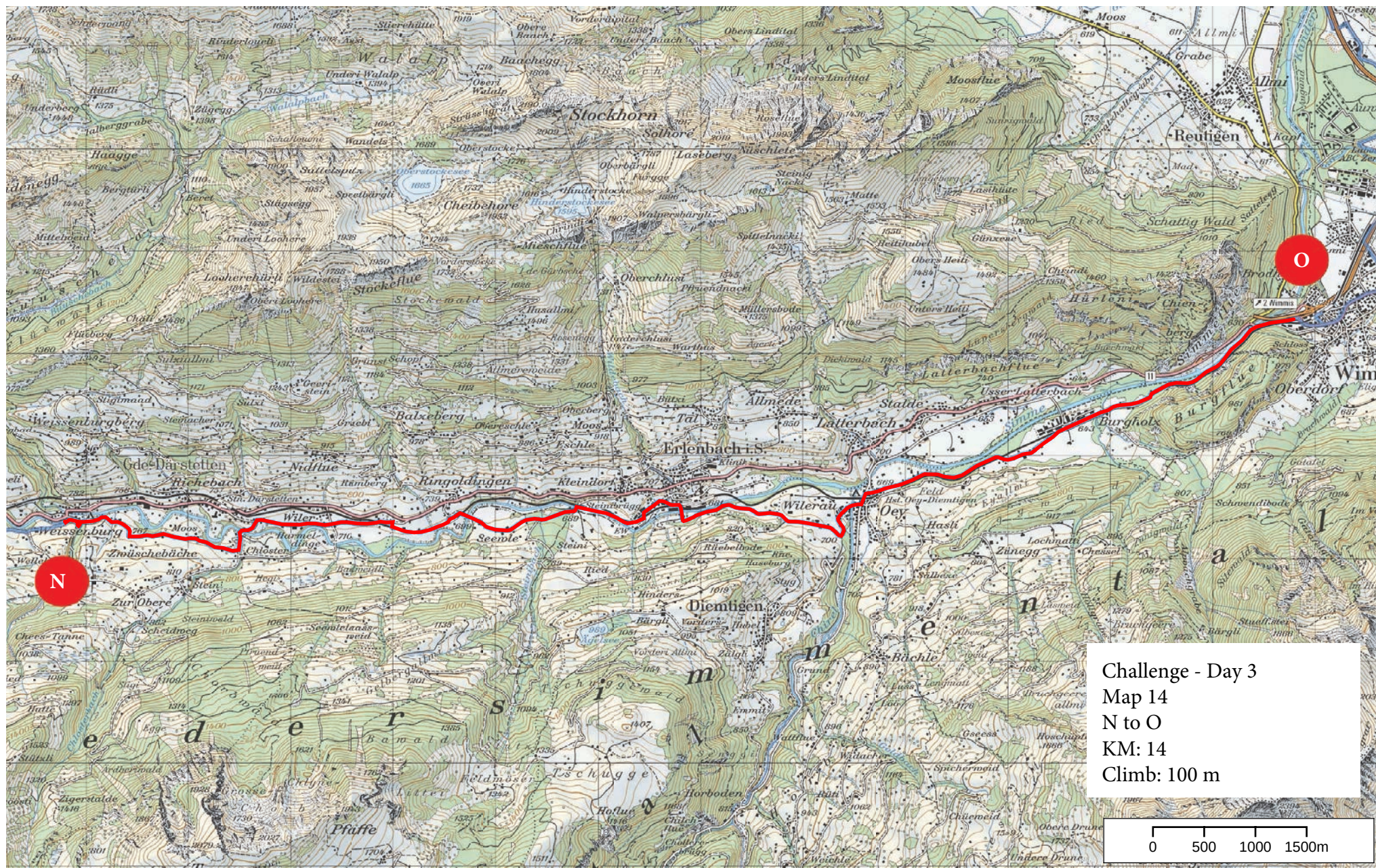






Challenge - Day 3  
 Map 13  
 M to N  
 KM: 17  
 Climb: 150 m



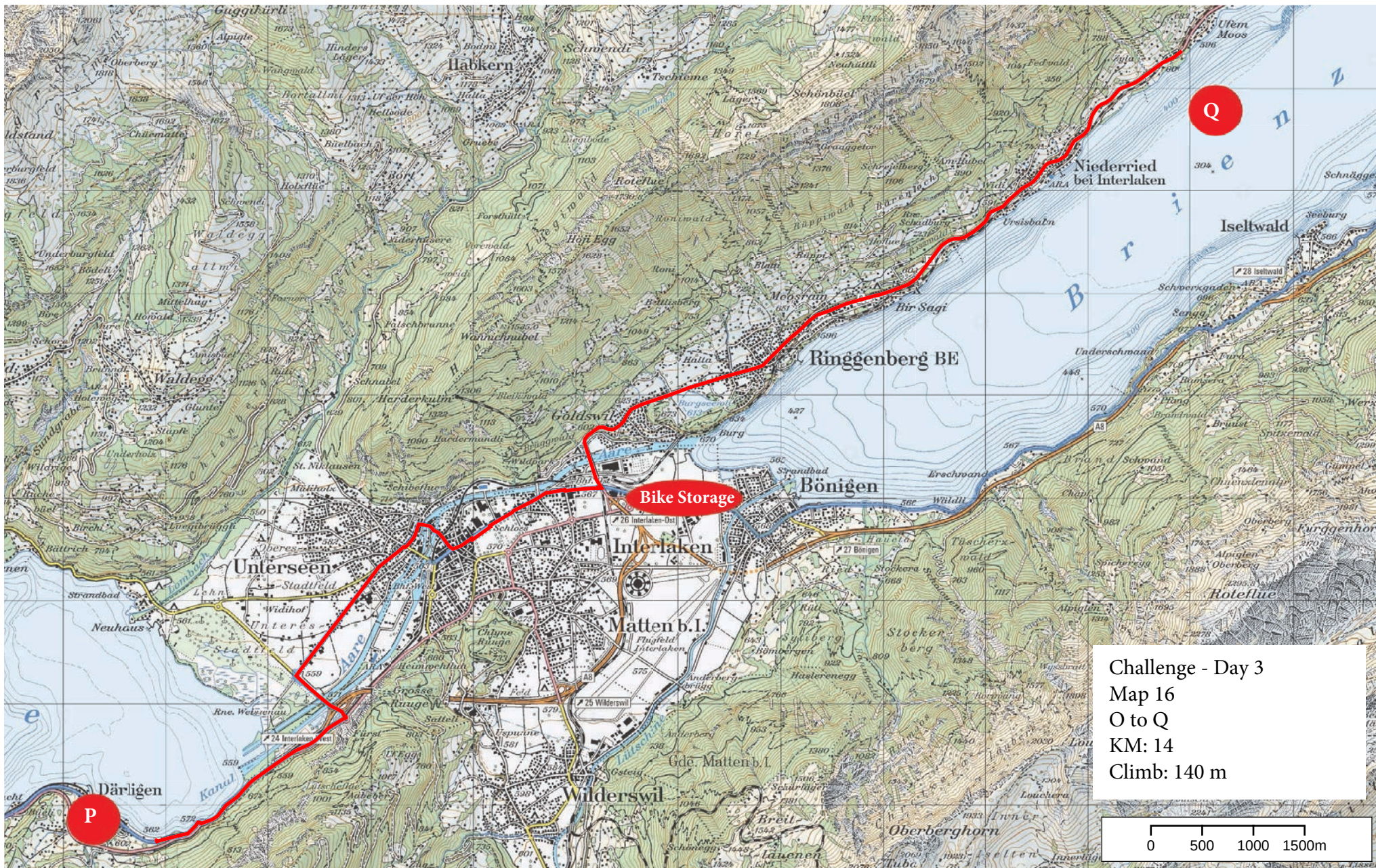


Challenge - Day 3  
Map 14  
N to O  
KM: 14  
Climb: 100 m









Challenge - Day 3

Map 16

O to Q

KM: 14

Climb: 140 m